

# III ALAMEDA TRAIL MADRID

18 Septiembre 2021

## ATM 20k - Orden De Llegada

Inscripciones online YouEvent.es

### Finalizados (171)

Pto	Dor	NOMBRE y APELLIDOS	pº Abs	CAT pº	TIEMPO CLUB	PENAL	META	Control 1	Control 2	Control 3	Control 4	Control 5	Control 6
1	:147	Alvaro GONZALEZ DEL SALTO	1	ABM	1:34:51		Ago Team	0:09:46	0:19:36	0:40:18	0:50:32		1:15:46
2	:074	Daniel ANTON QUILES	2	ABM	1:46:33		C.a Nuria Fernandez	0:10:00	0:20:16	0:43:13	0:54:59	1:04:04	1:23:28
3	:041	Iñaki GONZALEZ ARIAS	3	ABM	1:48:55		Amurrio Trail Taldea	0:10:14	0:21:25	0:44:27	0:57:22	1:07:03	1:26:18
4	:076	Xabier ABASOLO TAMAYO	4	ABM	1:49:27		Aiaramendi Korrikalariak	0:10:10	0:21:12	0:44:21	0:59:08	1:08:34	1:28:17
5	:020	Jorge PRIETO SAN MARTIN	5	ABM VTM 1	1:49:41		Inguanzo Team	0:11:15	0:22:44	0:47:00	0:59:48	1:09:19	1:28:10
6	:206	Francisco Javier ZAMORA GOMEZ	6	ABM	1:50:01		Running Los Molinos Getafe	0:10:46	0:22:24	0:46:52	0:59:28	1:08:58	1:28:19
7	:065	Koldo DIAZ AGUILELLA	7	ABM VTM 2	1:52:58		Deustuko Menditarrak	0:11:00	0:22:42	0:47:25	1:00:59	1:10:52	1:31:35
8	:142	Angel CALLE CABRERA	8	ABM VTM 3	1:53:28		Club Atletismo Loeches	0:10:53	0:22:31	0:46:27	1:00:53	1:11:03	1:32:19
9	:066	Axier URRESTI RIVERO	9	ABM VTM 4	1:54:33		Garribikes	0:11:26	0:23:45	0:49:15	1:02:25	1:12:19	1:32:55
10	:209	Alfonso MILLAN ALVAREZ	10	ABM VTM 5	1:54:55		Trail Mont Salvanes	0:10:25	0:21:21	0:44:31	0:57:33	1:07:39	1:28:56
11	:042	Marcos PASCUAL	11	ABM	1:55:15		Green Power	0:10:12	0:22:09	0:45:50	0:59:09	1:08:54	1:29:56
12	:119	Francisco Javier LOZANO BENAVENTE	12	ABM	1:56:05		Sons Of Running Rivas	0:10:19	0:21:05	0:44:25	0:58:53	1:08:38	1:30:48
13	:211	Antonio RODRIGUEZ HERNANDEZ	13	ABM VTM 6	1:56:23		Individual	0:11:31	0:23:10	0:47:45	1:00:48	1:11:04	1:32:16
14	:207	Juan Antonio CRISTOBAL GONZALEZ	14	ABM VTM 7	1:59:34		Club Atletismo Velilla De San	0:11:34	0:23:28	0:49:17	1:02:16	1:12:44	1:35:34
15	:039	David MANZANO	15	ABM VTM 8	1:59:58		Independiente	0:11:27	0:23:39	0:49:20	1:02:53	1:13:20	1:35:36
16	:187	Jose Luis ESCALERA ALAEZ	16	ABM VTM 9	2:01:13		Independiente	0:11:44	0:24:15	0:50:10	1:04:11	1:14:51	1:36:28
17	:109	Daniel BLAZQUEZ TORIBIO	17	ABM	2:01:33		Ttrail Tcenter	0:11:59	0:24:40	0:50:07	1:04:02	1:14:45	1:36:45
18	:115	Isaias SANABRIA DONOSO	18	ABM VTM 10	2:02:07		Planfit	0:11:28	0:23:54	0:50:04	1:03:50	1:14:30	1:36:41
19	:148	Miguel Angel LUCAS LUENGO	19	ABM VTM 11	2:02:48		Running Los Molinos Getafe	0:11:57	0:24:31	0:50:20	1:04:17	1:14:57	1:37:36
20	:091	Carlos Antonio LOPEZ RODRIGUEZ	20	ABM	2:03:35		Rocacabra	0:11:07	0:24:25	0:50:29	1:05:18	1:16:07	1:38:16
21	:216	Javier HERNANDEZ	21	ABM	2:03:48		Individual	0:13:00	0:25:57	0:52:34	1:06:39	1:17:16	1:39:15
22	:105	Carlos TELLEZ RODRIGUEZ	22	ABM VTM 12	2:04:26		Individual	0:11:36	0:23:20	0:48:28	1:02:04	1:13:02	1:37:24
23	:191	Jose Pedro LOPEZ NOGALES	23	ABM VTM 13	2:07:30		Todovertical V+	0:13:21	0:26:59	0:54:52	1:09:51	1:20:51	1:43:48
24	:221	Sergio PUEBLA HERRERO	24	ABM	2:08:38		Complutum Triatlon	0:13:09	0:25:36	0:52:13	1:09:22	1:20:45	1:45:05
25	:164	Cristian BLAZQUEZ ROMERO	25	ABM	2:10:05		Ventura Sky	0:13:15	0:26:53	0:55:17	1:10:20	1:21:43	1:46:04
26	:140	Kevin DUCLOS	26	ABM	2:10:10		SI Pays De Brive Athletique Cl	0:11:33	0:24:23	0:51:00	1:06:38	1:18:19	1:43:00
27	:120	Marco MUÑOZ AGUADO	27	ABM	2:10:31		Trail Walkers	0:13:25	0:27:29	0:54:01	1:09:58	1:21:41	1:44:59
28	:186	Mario PASTOR GARCIA	28	ABM VTM 14	2:10:43		Calipos	0:12:59	0:26:34	0:55:06	1:10:00	1:21:25	1:44:48
29	:086	David CAVIA RAMOS	29	ABM VTM 15	2:11:03		Marines Madrid	0:14:14	0:27:40	0:55:18	1:10:39	1:22:42	1:46:21
30	:124	Ricardo RUIZPEINADO GERTRUDIX	30	ABM VTM 16	2:11:10		Independiente	0:15:49	0:29:54	0:59:05	1:14:02	1:24:47	1:47:38
31	:188	Emilio BLAZQUEZ SIERRA	31	ABM	2:12:03		Trailwalkers	0:13:26	0:27:28	0:54:07	1:09:55	1:21:38	1:44:54
32	:143	Ansel GARCIA GARCIMARTIN	32	ABM VTM 17	2:13:00		Runners & Beers	0:13:46	0:27:23	0:55:29	1:11:56	1:23:18	1:47:00
33	:037	Francisco SANCHEZ MACIAS	33	ABM VTM 18	2:13:01		Club De Atletismo Velilla De S	0:12:23	0:25:42	0:52:21	1:08:05	1:19:44	1:44:46
34	:223	Jose MARTINEZ GUERRERO	34	ABM	2:13:26		Individual	0:14:16	0:27:45	0:56:05	1:11:14	1:22:32	1:46:45

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Pto	Dor	NOMBRE y APELLIDOS	pº Abs	CAT pº	TIEMPO CLUB	PENAL	META	Control 1	Control 2	Control 3	Control 4	Control 5	Control 6	
35	:048	Pablo RODRIGUEZ RUBIO	35	ABM	<b>2:13:30</b>		Todovertical V+	<b>2:13:30</b>	0:13:45	0:28:05	0:54:55	1:10:14	1:21:51	1:46:58
36	:055	Tomas ALGARA LUIS	36	ABM	<b>2:14:04</b>		Individual	<b>2:14:04</b>	0:16:14	0:29:51	0:56:27	1:10:37	1:22:38	1:47:24
37	:038	Javier PLAZA BOCUÑANO	37	ABM VTM 19	<b>2:14:09</b>		Trailwalkers	<b>2:14:09</b>	0:13:28	0:27:39	0:55:22	1:10:07	1:21:46	1:46:48
38	:071	Angel RODRIGUEZ FERNANDEZ	38	ABM VTM 20	<b>2:14:54</b>		Individual	<b>2:14:54</b>	0:13:24	0:27:05	0:55:11	1:11:12	1:23:07	1:47:28
39	:150	Angel PEREZ RUANO	39	ABM	<b>2:15:01</b>		Corre Corre Que Te Pillo	<b>2:15:01</b>	0:13:13	0:26:27	0:54:48	1:10:46	1:22:27	1:47:09
40	:069	Marcos GUINDAL GONZALEZ	40	ABM VTM 21	<b>2:15:22</b>		Individual	<b>2:15:22</b>	0:11:23	0:24:32	0:51:07	1:07:05	1:19:33	1:46:01
41	:043	Roberto ASENJO PIZARRO	41	ABM VTM 22	<b>2:15:42</b>		C. D. Pharmarunners	<b>2:15:42</b>	0:12:46	0:26:32	0:54:34	1:10:11	1:22:01	1:47:15
42	:200	Adrian DE LAS HERAS MARQUEZ	42	ABM	<b>2:16:19</b>		Individual	<b>2:16:19</b>	0:13:43	0:27:01	0:54:32	1:10:05	1:22:08	1:47:06
43	:132	Mario BEJARANO PARRILLA	43	ABM	<b>2:16:25</b>		Freedom Extreme	<b>2:16:25</b>	0:14:29	0:28:03	0:56:54	1:12:37	1:24:02	1:49:21
44	:146	Luis Alberto SANCHEZ RODRIGUEZ	44	ABM VTM 23	<b>2:16:25</b>		Runners Torrejon	<b>2:16:25</b>	0:14:03	0:27:45	0:54:45	1:09:54	1:22:35	1:48:56
45	:089	Santiago FALCHI	45	ABM	<b>2:16:29</b>		Individual	<b>2:16:29</b>	0:11:29	0:23:50	0:51:30	1:07:55	1:20:42	1:48:03
46	:177	Jose Miguel SANCHEZ MUNAR	46	ABM	<b>2:17:00</b>		Cartagena Trail	<b>2:17:00</b>	0:13:12	0:26:55	0:55:12	1:11:30	1:23:41	1:49:55
47	:133	Jesus RUIZ MINGO	47	ABM VTM 24	<b>2:17:03</b>		Individual	<b>2:17:03</b>	0:13:07	0:26:54	0:55:05	1:11:27	1:23:12	1:48:15
48	:179	Ignacio DELGADO CONDE	48	ABM VTM 25	<b>2:18:13</b>		Interval	<b>2:18:13</b>	0:13:37	0:27:11	0:55:02	1:11:21	1:23:50	1:49:25
49	:134	Roberto PALACIOS SACEDO	49	ABM VTM 26	<b>2:18:17</b>		Club Atletismo Interval	<b>2:18:17</b>	0:13:36	0:27:10	0:54:59	1:11:19	1:23:45	1:49:24
50	:082	Jorge FERREIRA FRANCISCO	50	ABM	<b>2:18:51</b>		Running Los Molinos Getafe	<b>2:18:51</b>	0:12:56	0:27:02	0:55:35	1:11:59	1:25:00	1:49:33
51	:149	Alberto CID CARRILLO	51	ABM VTM 27	<b>2:19:27</b>		Individual	<b>2:19:27</b>	0:12:56	0:26:49	0:55:42	1:11:47	1:23:47	1:50:07
52	:180	Miguel LUJAN RAMOS	52	ABM	<b>2:19:39</b>		Individual	<b>2:19:39</b>	0:13:48	0:27:35	0:56:47	1:12:01	1:24:29	1:50:25
53	:174	Alvaro TEJEDOR PEREZ	53	ABM	<b>2:20:11</b>		Individual	<b>2:20:11</b>	0:14:36	0:28:35	0:57:00	1:13:34	1:25:37	1:52:08
54	:135	Felix SALCEDO GARCICALVO	54	ABM VTM 28	<b>2:21:03</b>		Monteverde Triathlon	<b>2:21:03</b>	0:12:18	0:26:05	0:54:40	1:11:29	1:24:19	1:52:23
55	:213	Fernando DELGADO RIZO	55	ABM	<b>2:21:18</b>		Individual	<b>2:21:18</b>	0:17:37	0:31:50	1:00:44	1:16:31	1:28:41	1:55:00
56	:145	Raul DE DIEGO GARCIA	56	ABM VTM 29	<b>2:21:52</b>		Complutum Triathlon	<b>2:21:52</b>	0:13:49	0:27:48	0:57:28	1:13:48	1:26:41	1:55:02
57	:079	Mario VILLA GONZALEZ	57	ABM	<b>2:21:55</b>		Individual	<b>2:21:55</b>	0:12:52	0:26:31	0:55:14	1:11:31	1:24:04	1:51:14
58	:201	Francisco LOPEZ RUIZ	58	ABM VTM 30	<b>2:22:16</b>		Individual	<b>2:22:16</b>		0:28:01	0:56:09	1:12:16	1:23:37	1:53:58
59	:102	Adolfo VALDALISO FERNANDEZ	59	ABM	<b>2:22:35</b>		Individual	<b>2:22:35</b>	0:14:11	0:28:13	0:57:45	1:14:41	1:26:32	1:52:53
60	:215	Luis Miguel CARRASCOSA ZARAGOZA	60	ABM VTM 31	<b>2:22:54</b>		Running Los Molinos Getafe	<b>2:22:54</b>	0:12:51	0:26:47	0:55:44	1:12:47	1:25:09	1:54:17
61	:175	Mario SAN BERNARDINO MARTIN	61	ABM	<b>2:23:02</b>		Complutum Triathlon	<b>2:23:02</b>	0:13:50	0:27:47	0:56:25	1:13:46	1:26:44	1:54:34
62	:189	Juan Miguel VILLAR ESQUIBEL	62	ABM VTM 32	<b>2:23:15</b>		Individual	<b>2:23:15</b>	0:15:13	0:30:11	1:01:05	1:17:52	1:29:35	1:55:33
63	:218	Alberto PEREZ BERMEJO	63	ABM VTM 33	<b>2:23:21</b>		Club Atletismo Velilla De San	<b>2:23:21</b>	0:11:50	0:25:27	0:52:07	1:10:31	1:23:20	1:53:08
64	:182	Fernando MARTIN GUTIERREZ	64	ABM VTM 34	<b>2:23:42</b>		Club De Atletismo Parque Catal	<b>2:23:42</b>	0:13:06	0:27:38	0:57:18	1:14:22	1:27:58	1:57:04
65	:165	Jose Maria PIEDRA RUIZ	65	ABM VTM 35	<b>2:24:14</b>		Velilla De San Antonio	<b>2:24:14</b>	0:13:04	0:27:37	0:57:19	1:14:20	1:27:43	1:57:02
66	:094	Adrian POZO DE SOLO	66	ABM PRM 1	<b>2:24:33</b>		Ninguno	<b>2:24:33</b>	0:11:18	0:24:56	0:54:28	1:11:52	1:24:33	1:52:32
67	:225	Leandro SIGMAN	67	ABM VTM 36	<b>2:24:57</b>		Individual	<b>2:24:57</b>	0:14:57	0:29:48	1:01:25	1:18:55	1:31:34	1:58:38
68	:029	Raul CRISTOBAL BARRANCO	68	ABM	<b>2:25:33</b>		Individual	<b>2:25:33</b>	0:14:38	0:28:17	0:56:41	1:13:22	1:27:10	1:55:30

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Pto	Dor	NOMBRE y APELLIDOS	pº Abs	CAT pº	TIEMPO CLUB	PENAL	META	Control 1	Control 2	Control 3	Control 4	Control 5	Control 6	
69	172	Marc PONS SUAUS	69	ABM	2:25:41		Menorca Trail	2:25:41	0:13:10	0:26:57	0:55:54	1:12:46	1:25:22	1:53:43
70	031	Javier CUENCA RODRIGUEZ	70	ABM VTM 37	2:25:49		Individual	2:25:49	0:16:16	0:30:22	0:59:12	1:15:35	1:28:05	1:55:17
71	070	David RAMIREZ PRADO	71	ABM	2:26:16		Tablas Trail	2:26:16	0:13:16	0:27:03	0:54:42	1:11:17	1:24:39	1:57:57
72	163	Javier RETORTILLO HERNANDEZ	72	ABM	2:27:09		Individual	2:27:09	0:11:51	0:25:22	0:53:58	1:11:24	1:26:22	1:55:45
73	060	Ruben DE LA CRUZ DIAZ	73	ABM	2:27:25		Individual	2:27:25	0:15:37	0:29:43	0:59:04	1:15:39	1:30:50	1:58:20
74	013	Alfredo ALVAREZ ALVAREZ	74	ABM VTM 38	2:28:50		Individual	2:28:50	0:17:59	0:32:28	1:03:04	1:18:30	1:30:26	1:58:19
75	054	Ricardo BUELGA MENDEZ	75	ABM VTM 39	2:29:20		Trail Walkers	2:29:20	0:15:26	0:30:18	1:00:34	1:17:40	1:30:20	1:57:09
76	093	Leonardo Fabio CELIS GOMEZ	76	ABM VTM 40	2:29:26		Individual	2:29:26	0:12:22	0:26:42	0:57:26	1:15:38	1:29:31	1:58:04
77	224	Javier TORRES SASTRE	77	ABM VTM 41	2:29:44		Individual	2:29:44	0:17:10	0:31:43	1:04:44	1:22:03	1:34:13	2:01:17
78	111	Juan Jose CANO DOMINGO	78	ABM VTM 42	2:31:02		Individual	2:31:02	0:15:04	0:29:25	0:58:20	1:15:14	1:28:08	1:56:54
79	161	Rafael ROYO MARCO	79	ABM VTM 43	2:31:36		Ajalkala	2:31:36	0:14:30	0:29:11	1:00:30	1:17:34	1:29:57	1:59:32
80	099	Joaquin FERNANDEZ ASENSIO	80	ABM VTM 44	2:31:39		Individual	2:31:39	0:16:56	0:31:27	1:01:16	1:18:35	1:32:03	2:02:02
81	151	Francisco Javier REYEROS SALIDO	81	ABM VTM 45	2:32:42		Individual	2:32:42	0:17:13	0:31:56	1:03:01	1:20:05	1:33:14	2:03:25
82	193	Guillermo PIZARRO VACAS	82	ABM VTM 46	2:33:02		Individual	2:33:02	0:14:35	0:28:07	0:57:02	1:13:43	1:26:36	1:56:52
83	176	Mariano FERNANDEZ MORENO	83	ABM VTM 47	2:33:29		Running Henares	2:33:29	0:17:14	0:31:39	1:01:47	1:20:07	1:33:16	2:03:28
84	015	Manuel PARRA BAEZ	84	ABM	2:33:53		Individual	2:33:53	0:14:27	0:29:16	0:59:44	1:17:37	1:31:28	2:02:21
85	036	Javier FERNANDEZ ESTRADA	85	ABM VTM 48	2:34:06		Runners Torrejon	2:34:06	0:14:09	0:28:30	0:57:34	1:15:52	1:31:48	2:01:45
86	194	Manuel IBAÑEZ SORIANO	86	ABM	2:35:09		Complutum Triatlon	2:35:09	0:13:08	0:25:37	0:52:46	1:09:23	1:20:36	1:55:12
87	181	Adolfo GALLEGO NUÑEZ	87	ABM PRM 2	2:35:24		Cde Alameda Trail Madrid	2:35:24	0:15:34	0:31:16	1:02:15	1:19:16	1:32:27	2:00:01
88	063	Sonia MARTIN DE LA TORRE	1	ABF VTF 1	2:35:52		Individual	2:35:52	0:17:25	0:31:48	1:02:57	1:20:39	1:34:35	2:06:27
89	051	Miguel DIAZ GUTIERREZ	88	ABM VTM 49	2:36:16		Dendro Comunidad Trail	2:36:16	0:15:47	0:32:00	1:05:16	1:22:47	1:35:46	2:05:33
90	040	Francisco GONZALEZ PARRA	89	ABM	2:36:22		Individual	2:36:22	0:14:24	0:28:09	0:56:03	1:11:40	1:24:26	1:59:20
91	095	Ruben MARTINEZ NAVACERRADA	90	ABM	2:36:26		Individual	2:36:26	0:17:43	0:33:14	1:07:44	1:26:00	1:38:37	2:07:48
92	083	Enrique MONROY	91	ABM	2:36:28		Todovertical V+	2:36:28	0:17:00	0:32:07	1:03:42	1:20:44	1:36:04	2:05:25
93	208	Julen MARTINEZHUARTE	92	ABM VTM 50	2:36:53		Olllu Racers	2:36:53	0:15:55	0:31:46	1:04:26	1:22:01	1:35:27	2:04:02
94	166	Juan Carlos PASTOR GIL	93	ABM VTM 51	2:36:58		Marines Madrid	2:36:58	0:14:18	0:30:52	1:02:31	1:25:18	1:39:55	2:07:56
95	062	Irene MARTIN DE LA TORRE	2	ABF VTF 2	2:37:03		Individual	2:37:03	0:17:28	0:31:49	1:02:58	1:20:38	1:34:33	2:06:25
96	127	Joaquin VALIENTE GONZALEZ	94	ABM	2:37:07		Individual	2:37:07	0:17:21	0:32:53	1:04:57	1:23:27	1:37:15	2:06:29
97	190	Angel MORA DORADO	95	ABM VTM 52	2:37:12		Cerro Del Bu	2:37:12	0:14:22	0:30:08	1:01:55	1:27:28	1:40:24	2:07:44
98	087	Victor Manuel DEL TORO POZANCO	96	ABM VTM 53	2:37:19		Gre	2:37:19	0:16:06	0:31:35	1:04:52	1:23:34	1:37:28	2:06:34
99	123	Daniel UROS SERNA	97	ABM	2:37:21		Individual	2:37:21	0:17:56	0:34:16	1:07:46	1:25:57	1:39:03	2:08:22
100	068	Nicoleta BICULESCU DANILOV	3	ABF VTF 3	2:37:38		Alcareño De Atletismo	2:37:38	0:15:52	0:31:37	1:03:54	1:22:35	1:37:07	2:06:47
101	139	Ivan CASTRO VALERA	98	ABM	2:37:41		Individual	2:37:41	0:14:26	0:29:56	1:01:28	1:19:03	1:32:38	2:04:21
102	006	Carlos DELGADO PASCUAL	99	ABM VTM 54	2:37:55		Individual	2:37:55	0:17:58	0:34:18	1:08:05	1:27:01	1:40:48	2:09:09

# III ALAMEDA TRAIL MADRID

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### Finalizados (171)

Pto	Dor	NOMBRE y APELLIDOS	pº Abs	CAT pº	TIEMPO CLUB	PENAL	META	Control 1	Control 2	Control 3	Control 4	Control 5	Control 6
103	:027	Juan Ramon SERRANO DEL BURGO	100	ABM VTM 55	<b>2:38:01</b>	Fundi	<b>2:38:01</b>	0:18:35	0:35:01	1:08:08	1:27:04	1:40:46	2:09:22
104	:198	Daniel SANCHEZ MACIAS	101	ABM	<b>2:38:21</b>	Pozuelo Runners	<b>2:38:21</b>	0:12:13	0:27:20	0:57:49	1:16:13	1:32:13	2:03:01
105	:185	Carlota GUARDIOLA DEL CORRAL	4	ABF	<b>2:38:29</b>	Individual	<b>2:38:29</b>	0:16:09	0:32:31	1:07:04	1:26:14	1:40:03	2:09:42
106	:210	Jose Luis LEON MARTINEZ	102	ABM VTM 56	<b>2:39:38</b>	Independiente	<b>2:39:38</b>		0:32:10	1:05:14	1:23:45	1:37:51	2:08:57
107	:002	Carlos AGUAYO SILLERO	103	ABM	<b>2:39:49</b>	Individual	<b>2:39:49</b>	0:16:18	0:32:16	1:05:12	1:24:30	1:38:34	2:08:49
108	:100	Jose Luis MATEOS FERNANDEZ	104	ABM VTM 57	<b>2:40:35</b>	Individual	<b>2:40:35</b>	0:15:14	0:31:06	1:04:09	1:22:59	1:37:20	2:07:45
109	:121	Jorge MONTEALEGRE DELGADO	105	ABM	<b>2:40:49</b>	Individual	<b>2:40:49</b>	0:13:27		0:56:56	1:15:45	1:31:05	2:06:56
110	:170	Jose Alfonso PUEBLA LOZANO	106	ABM VTM 58	<b>2:41:03</b>	Independiente	<b>2:41:03</b>	0:14:43	0:31:01	1:03:22	1:23:26	1:38:53	2:09:19
111	:171	Eduardo LENDINEZ ALVAREZ	107	ABM	<b>2:42:14</b>	Individual	<b>2:42:14</b>	0:14:44	0:30:58	1:03:25	1:24:11	1:38:55	2:09:29
112	:077	Diego LLORENTE	108	ABM	<b>2:42:26</b>	Individual	<b>2:42:26</b>	0:17:23	0:32:46	1:05:03	1:23:42	1:37:33	2:08:47
113	:098	Carlos BUSTOS MARTINEZ	109	ABM	<b>2:42:49</b>	Individual	<b>2:42:49</b>	0:14:41	0:30:32	1:01:44	1:21:26	1:36:53	2:11:00
114	:114	Maria Luisa MORENO VILLAESCUSA	5	ABF VTF 4	<b>2:42:53</b>	Planfit	<b>2:42:53</b>	0:16:07	0:32:38	1:06:37	1:26:53	1:41:32	2:11:25
115	:026	Alejandro YUBERO DEL RINCON	110	ABM VTM 59	<b>2:43:06</b>	Fundi	<b>2:43:06</b>	0:18:38	0:34:59	1:07:49	1:26:50	1:40:50	2:11:06
116	:106	Daniel VERDU MARTINEZ	111	ABM	<b>2:43:22</b>	Individual	<b>2:43:22</b>	0:16:04	0:31:54	1:04:55	1:22:29	1:37:10	2:09:33
117	:129	Jose GARCIA NEBREDA	112	ABM VTM 60	<b>2:44:28</b>	Club Atletismo San Fernando. C	<b>2:44:28</b>	0:14:21	0:30:06	1:03:06	1:22:57	1:38:06	2:10:48
118	:125	Juanluis ARELLANO LOPEZ	113	ABM	<b>2:45:58</b>	Individual	<b>2:45:58</b>	0:15:40	0:32:13	1:07:00	1:28:48	1:43:18	2:13:26
119	:030	Jaime DE BENITO	114	ABM VTM 61	<b>2:46:14</b>	Individual	<b>2:46:14</b>	0:15:48	0:31:04	1:03:17	1:23:30	1:39:13	2:09:38
120	:010	Gregorio VALERO RUEDA	115	ABM VTM 62	<b>2:46:19</b>	Individual	<b>2:46:19</b>	0:17:53	0:34:26	1:09:18	1:28:56	1:43:20	2:14:51
121	:017	Basilio HOLGUIN ORTEGA	116	ABM VTM 63	<b>2:46:29</b>	Club Runners Torrejon	<b>2:46:29</b>	0:15:46	0:31:53	1:05:24	1:25:51	1:40:29	2:12:00
122	:044	Daniel COGOLLUDO PLAZA	117	ABM	<b>2:46:57</b>	Individual	<b>2:46:57</b>	0:15:42	0:32:15	1:06:57	1:28:53	1:43:15	2:13:22
123	:137	Juan Ignacio RODRIGUEZ RUIZ	118	ABM VTM 64	<b>2:47:05</b>	Candeyluci	<b>2:47:05</b>	0:13:18	0:28:23	0:59:38	1:19:13	1:34:53	2:10:40
124	:219	Rafael Ignacio RAMIREZ ARREGUI	119	ABM VTM 65	<b>2:47:14</b>	Individual	<b>2:47:14</b>	0:16:38	0:31:57	1:03:08	1:27:58	1:43:34	2:19:46
125	:064	Eduardo SIERRA GALLEG0	120	ABM	<b>2:47:23</b>	Individual	<b>2:47:23</b>	0:16:19	0:32:19	1:05:00	1:23:56	1:38:25	2:10:12
126	:101	Ignacio CASTILLON SANCHEZ	121	ABM	<b>2:49:56</b>	Individual	<b>2:49:56</b>	0:15:54	0:31:44	1:03:45	1:22:20	1:37:37	2:11:21
127	:178	Arsol Lebbit SUAREZ HERNANDEZ	122	ABM VTM 66	<b>2:51:15</b>	Individual	<b>2:51:15</b>	0:17:19	0:32:35	1:05:11	1:24:23	1:39:01	2:13:18
128	:160	Alberto HERRERUELA MARTIN	123	ABM	<b>2:51:26</b>	Independiente	<b>2:51:26</b>	0:17:39	0:33:25	1:07:21	1:26:29	1:41:03	2:15:36
129	:203	Israel CARBONERO GONZALEZ	124	ABM	<b>2:51:48</b>	Individual	<b>2:51:48</b>	0:16:58	0:31:31	1:03:12	1:28:58	1:44:14	2:17:56
130	:192	David LOPEZ CANTARERO	125	ABM	<b>2:52:00</b>	Individual	<b>2:52:00</b>	0:14:48	0:30:34	1:01:30	1:21:28	1:36:55	2:10:57
131	:154	Jose GARCIA RUIZ DEL POZO	126	ABM VTM 67	<b>2:52:13</b>	Individual	<b>2:52:13</b>	0:15:44	0:31:22	1:06:31	1:28:14	1:43:43	2:20:35
132	:222	Enrique MOGORRON MARTINEZ	127	ABM	<b>2:52:47</b>	Individual	<b>2:52:47</b>	0:14:50	0:31:11	1:06:13	1:28:04	1:43:40	2:18:20
133	:153	Alberto ROJAS SANZ	128	ABM	<b>2:52:50</b>	Individual	<b>2:52:50</b>	0:17:55	0:34:45	1:10:56	1:29:49	1:44:24	2:19:58
134	:061	Juan Manuel SANCHEZ RUIZ	129	ABM VTM 68	<b>2:53:22</b>	Individual	<b>2:53:22</b>	0:17:30	0:32:41	1:06:11	1:26:56	1:42:53	2:17:11
135	:205	Carlos TERRES VILLAREJO	130	ABM VTM 69	<b>2:54:01</b>	Trailmont Salvanes	<b>2:54:01</b>	0:14:19	0:30:10	1:01:51	1:28:10	1:42:48	2:17:12
136	:116	Jose Maria NAVAS MORENO	131	ABM VTM 70	<b>2:55:07</b>	La Tapia De Madrid	<b>2:55:07</b>	0:17:22	0:33:02	1:08:18	1:29:31	1:44:28	2:18:07

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### Finalizados (171)

Pto	Dor	NOMBRE y APELLIDOS	pº Abs	CAT pº	TIEMPO CLUB	PENAL	META	Control 1	Control 2	Control 3	Control 4	Control 5	Control 6
137	:022	David VILLATE ARANGUEZ	132	ABM	<b>2:58:05</b>	Individual	<b>2:58:05</b>	0:17:44	0:34:14	1:09:06	1:30:13	1:45:51	2:21:32
138	:169	Alberto MARTINEZ HERVAS	133	ABM VTM 71	<b>2:58:09</b>	Individual	<b>2:58:09</b>	0:17:41	0:34:12	1:09:11	1:30:17	1:45:54	2:21:48
139	:104	Rocio MOLERO DOMINGO	6	ABF	<b>2:58:29</b>	Nilo	<b>2:58:29</b>	0:15:59	0:32:25	1:06:46	1:29:36	1:47:07	2:23:28
140	:035	Alberto VALENCIA	134	ABM VTM 72	<b>2:59:17</b>	Independiente	<b>2:59:17</b>	0:17:40	0:34:12	1:09:09	1:30:11	1:45:49	2:21:55
141	:103	Alberto DONOSO LEIVA	135	ABM VTM 73	<b>2:59:42</b>	Nilo	<b>2:59:42</b>	0:15:58	0:32:23	1:06:54	1:29:39	1:47:10	2:23:34
142	:204	Elvis Manuel GARRIDO ROMERO	136	ABM	<b>3:01:01</b>	Individual	<b>3:01:01</b>	0:17:07	0:33:34	1:06:21	1:28:51	1:47:13	2:23:54
143	:058	Raul MARTINEZ SOTO	137	ABM VTM 74	<b>3:02:34</b>	Trailwalkers	<b>3:02:34</b>	0:14:25	0:30:20	1:05:51	1:29:02	1:46:16	2:24:46
144	:184	Celia GARCIA MARTINEZ	7	ABF VTF 5	<b>3:03:17</b>	Individual	<b>3:03:17</b>	0:16:40	0:32:26	1:05:57	1:28:09	1:46:13	2:24:57
145	:059	Raul GILA RETANA	138	ABM VTM 75	<b>3:06:54</b>	Individual	<b>3:06:54</b>	0:18:23	0:35:42	1:11:38	1:35:06	1:52:53	2:29:00
146	:019	Alberto LOPEZ CASTRO	139	ABM	<b>3:07:38</b>	Individual	<b>3:07:38</b>	0:16:41	0:32:57	1:07:54	1:29:18	1:47:56	2:29:36
147	:057	Oscar SANTIAGO POVEDA	140	ABM VTM 76	<b>3:08:19</b>	Trailwalkers	<b>3:08:19</b>	0:16:25	0:34:38	1:13:45	1:38:19	1:56:03	2:33:11
148	:117	Raul GOMEZ VALERO	141	ABM VTM 77	<b>3:08:21</b>	Trailwalkers	<b>3:08:21</b>	0:16:55	0:34:42	1:13:47	1:38:22	1:56:07	2:33:14
149	:126	Patricia MORENO DE CARLOS SANCHEZ	8	ABF	<b>3:08:57</b>	The Run Club	<b>3:08:57</b>	0:18:54	0:36:42	1:14:07	1:36:54	1:54:54	2:32:13
150	:212	Jorge David CARRACEDO BLANCO	142	ABM VTM 78	<b>3:11:34</b>	Club Atletismo Azuqueca	<b>3:11:34</b>	0:17:57	0:34:23	1:11:07	1:32:47	1:53:08	2:30:01
151	:167	Jose Angel HERNANDEZ	143	ABM VTM 79	<b>3:12:13</b>	Individual	<b>3:12:13</b>	0:17:29	0:32:40	1:06:10	1:26:56	1:44:10	2:23:45
152	:220	Yoko ONSINA	144	ABM	<b>3:12:21</b>	Individual	<b>3:12:21</b>	0:17:27	0:34:43	1:10:03	1:31:42	1:49:13	2:29:33
153	:214	Alvaro CUTILLAS	145	ABM	<b>3:13:33</b>	Individual	<b>3:13:33</b>	0:17:36	0:34:50	1:13:04	1:35:01	1:54:35	2:36:37
154	:011	Sergio MARTINEZ SEBASTIAN	146	ABM	<b>3:13:50</b>	Individual	<b>3:13:50</b>	0:16:10	0:33:47	1:10:50	1:32:40	1:53:01	2:30:44
155	:072	Alvaro GIRON	147	ABM	<b>3:17:15</b>	Individual	<b>3:17:15</b>	0:17:05	0:34:56	1:12:54	1:35:52	1:54:58	2:38:03
156	:009	David LOPEZBREA PLAZA	148	ABM VTM 80	<b>3:17:31</b>	Individual	<b>3:17:31</b>	0:18:03	0:34:54	1:13:34	1:36:50	1:54:38	2:33:55
157	:158	Joel CAMUS SANTILLAN	149	ABM VTM 81	<b>3:18:42</b>	El Rajo	<b>3:18:42</b>	0:18:08	0:35:23	1:14:39	1:39:09	1:56:16	2:34:58
158	:159	Raul NEIRA PEREZ	150	ABM	<b>3:19:54</b>	El Rajo	<b>3:19:54</b>	0:18:07	0:35:24	1:14:33	1:39:07	1:56:12	2:34:53
159	:056	Rafael DE LA CRUZ MOYA	151	ABM	<b>3:21:13</b>	Trail Walkers	<b>3:21:13</b>	0:16:54	0:34:40	1:13:43	1:38:17	1:56:10	2:35:38
160	:008	Carlos VALCARCEL IBARRA	152	ABM VTM 82	<b>3:30:30</b>	Trailwalkers	<b>3:30:30</b>	0:16:12	0:32:17	1:05:53	1:28:38	1:44:49	2:34:51
161	:152	Michael Anthony SMITH	153	ABM VTM 83	<b>3:30:34</b>	Individual	<b>3:30:34</b>	0:19:09	0:36:33	1:12:46	1:35:31	1:53:55	2:46:39
162	:028	Carlos ALONSO FERNANDEZ	154	ABM VTM 84	<b>3:30:38</b>	Individual	<b>3:30:38</b>	0:16:28	0:33:40	1:12:47	1:36:40	1:58:13	2:48:11
163	:196	Maria P. VAZQUEZ HERNANDEZ	9	ABF VTF 6	<b>3:31:55</b>	Individual	<b>3:31:55</b>	0:19:33	0:39:15	1:22:13	1:45:48	2:05:42	2:47:35
164	:157	Juan MUÑOZ PALOMARES	155	ABM VTM 85	<b>3:34:03</b>	Independiente	<b>3:34:03</b>	0:19:03	0:40:50	1:23:43	1:54:00	2:13:45	2:54:00
165	:005	Jorge GAÑARUL	156	ABM VTM 86	<b>3:38:31</b>	Individual	<b>3:38:31</b>	0:17:52	0:35:36	1:13:50	1:36:36	1:56:19	2:49:27
166	:168	Oscar FERNANDEZ GOMEZ	157	ABM	<b>3:38:42</b>	La Tapia Madrid	<b>3:38:42</b>	0:18:01	0:33:39	1:07:06	1:30:27	1:53:10	2:42:23
167	:096	Ignacio LOPEZ GARCIA	158	ABM VTM 87	<b>3:41:29</b>	Individual	<b>3:41:29</b>	0:19:11	0:36:43	1:15:34	1:50:22	2:08:27	2:54:42
168	:090	Sergio ALONSO CASADO	159	ABM	<b>3:45:23</b>	Union Atletica Coslada	<b>3:45:23</b>	0:19:55	0:41:04	1:24:55	1:49:26	2:09:22	2:55:49
169	:024	Angel SAN PAULINO SANCHEZ	160	ABM VTM 88	<b>3:50:22</b>	Fundi	<b>3:50:22</b>	0:19:49	0:37:41	1:19:06	1:51:29	2:13:27	2:59:15
170	:025	Jose Maria FERNANDEZ SANCHEZ	161	ABM VTM 89	<b>3:50:28</b>	Fundi	<b>3:50:28</b>	0:19:51	0:37:43	1:19:14	1:51:32	2:13:33	2:59:26



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### Finalizados (171)

Pto	Dor	NOMBRE y APELLIDOS	p° Abs	CAT	p°	TIEMPO CLUB	PENAL.	META	Control 1	Control 2	Control 3	Control 4	Control 5	Control 6
171	:001	Luis MATO ARMAGUE	162	ABM	VTM	90	<b>4:30:12</b>	Individual						
									0:23:41	0:46:03	1:37:33		2:29:05	3:26:16

### Retirados (1)

Pto	Dor	NOMBRE y APELLIDOS	p° Abs	CAT	p°	TIEMPO CLUB	PENAL.	META	Control 1	Control 2	Control 3	Control 4	Control 5	Control 6
	:045	David ROLDAN TERCERO		ABM	PRM	Club Trail Albacete			0:11:32	0:25:12				